

FIVE

FINGERED PRAYER

Tall finger

Pray for all the leaders of our country and of other countries

Index finger

Pointing finger

Points your way to heaven

Pray for Evangelists, Elders, Missionaries, Teachers

Ring finger

Pray for the sick, needy, and those in sorrow

Smallest finger

Weakest finger

Pray for yourself

Thumb

Nearest to you.

Pray for loved ones
(family and friends)



This is a good tool to memorize. Then you can use it to help guide your prayers. Each finger has a special meaning. When you fold your hands for prayer, your thumb is nearest to you.